

NPTI Colorado Schedule for 2012 - 2013

NPTI Colorado Class Times

Lakewood Campus

- **Monday – Thursday**
 - Day class - 9:30 a.m. – 3:00 p.m.
 - Evening class – 5:15 p.m. – 10:15 p.m.

Colorado Springs Campus

- **Monday – Thursday**
 - Day class - 9:15 a.m. – 3:00 p.m.
 - Evening class – 5:15 p.m. – 10:15 p.m.

Both Campuses – Saturday Elective Courses

Each student is required to select four (4) units of electives requiring attendance at four (4) Saturday elective workshops at either the Lakewood or Colorado Springs campus from 9:00 a.m. – 3:00 p.m. Exact Saturday days are “to be determined” based on the specific elective. Students may take more than four units (at an additional cost), however, a minimum of four (4) units are required for graduation.

Class Start / End Dates (both Lakewood and Colorado Springs campuses)
(All classes begin on a Monday (*weekdays*):

- **Weekdays / Evenings**

Summer Enrollment 2011 / August 8, 2011 through February 10, 2012
Fall 2011 Enrollment / November 21, 2011 through May 25, 2012

Spring 2012 Enrollment / Feb 13, 2012 through August 17, 2012
Summer 2012 Enrollment / May 28, 2012 through November 30, 2012
Fall 2012 Enrollment / August 20, 2012 through March 4, 2013
Winter 2012 Enrollment / December 3, 2012 through June 17, 2013

[NOTE: **Late starts:** New students may start as late as the end of the first week. Late starts must be made up on Friday of the first enrollment week.].

Total Course Hours = 332 classroom hours + 200 practical hours + 68 elective hours

NOTES:

1. On-line elective course work includes four (4) all-day Friday review days (schedule to be determined). Noted class time does not include homework or special projects (estimated to be 15 – 20 hours per week with 1 – 12 weeks due date / lead times).

2. Current elective topics:

- a.) Training Older Adults / American Council on Exercise (**ACE**)
- b.) Corrective Exercise Specialist / National Academy of Sports Medicine (**NASM**)
- c.) Performance Enhancement Specialist / National Academy of Sports Medicine (**NASM**)
- d.) Tactical Performance Exercise / NPTI Colorado
- e.) “Group X” training / NPTI Colorado
- f.) Advanced Fitness Training Techniques / International Kettlebell Fitness Federation (**IKFF**)
- g.) Starting A Personal Training Business / NPTI Colorado
- h.) Training Obese Children / Adolescents / NPTI Colorado
- i.) Cardio Program / indoor Cycling / HeartZones

***PAY IN FULL before class start date and save \$525.00!**

***For more information about the start dates of our program, please [contact](#) us**